

Parkour Schedule Winter Term 2025

January 4th to April 6th



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Mini Parkour 9:00-10:00AM	Birthday Parties Enquire for times
					Junior Parkour 9:00-10:00AM	
					Junior Parkour 10:00-11:00AM	
					Intermediate Parkour 11:00-12:00PM	
					Intermediate Parkour 12:00-1:00PM	
					Senior Parkour 12:00-1:00PM	
					Birthday Parties from 1:30PM onwards	
			Mini Parkour 3:00-4:00PM	Birthday Parties 6:15-8:00PM		
			Junior Parkour 3:00-4:00PM	Freeplay & Games Night (Inquire for dates)		
			Junior Parkour 4:00-5:00PM			
			Intermediate Parkour 5:00-6:00PM	Venue Hire From 6:30PM (POA)	Venue Hire From 6:00PM (POA)	
			Advanced Parkour 5:45-7:15PM			

PRIVATE, SEMI-PRIVATE, SMALL GROUP LESSONS AVAILABLE BY APPOINTMENT

Ages List	Mini Parkour 5-6 Years Old	Junior Parkour 6-7 Years Old	Intermediate Parkour 8-10 Years Old	Senior Parkour 11-13 Years Old	Open Gym +16 Years old (or supervised by an adult) Please inquire for availability
	Advanced Parkour By invitation				